



INTERHAB
POWER
UP!

October 23 - 25, 2024
Manhattan, Kansas

Featuring

Keynote speakers
Kaelynn Partlow: An Insider's
Perspective on Employment
Challenges, Successes and
Strategies
&
Lou Radja: Dancing in the Rain:
Thriving in Changing Times

Location

Manhattan Conference Center
510 S 3rd St.
Manhattan, Kansas 66502

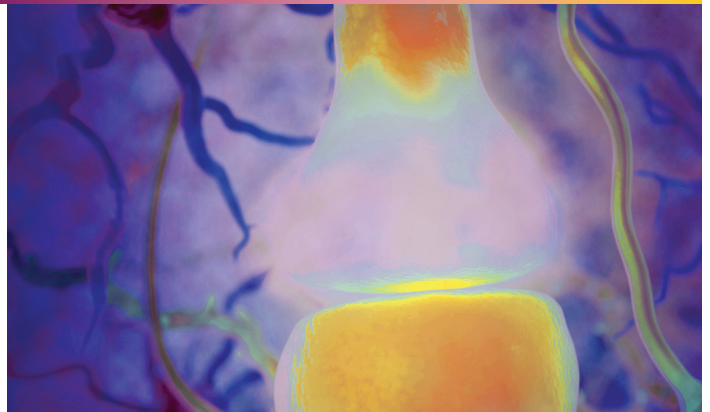
About

Power Up! is an annual
conference designed to inspire,
educate, and empower
professionals who support
persons with disabilities.

www.interhab.org

TRANSFORMING LIVES. REDEFINING POSSIBILITIES.

Jazz Pharmaceuticals is proud to sponsor the Power Up! InterHab Conference



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POWER UP! INFORMATION

WELCOME!

The InterHab team is thrilled to have you join us for the InterHab Power Up! 2024 Conference in Manhattan, KS.

This week is a time to learn, create, and cultivate creative solutions for people with intellectual and developmental disabilities (IDD) throughout our communities. We are excited to offer plenary sessions, breakout sessions, and networking opportunities that will provide the tools you need to motivate, nurture, and inspire each other in the coming weeks and months.

Together, we have a stake in building opportunities and advocacy throughout our field and across the state, ensuring the greatest impact for those who need us most. Thank you for joining us!

REGISTRATION DESK

The registration and information desk is located outside the main ballroom, in the main hallway. It is the best place to find important information regarding schedules, breakout sessions, and general conference information. Look for InterHab staff and volunteers located throughout the venue to answer any additional questions you might have. If you need additional assistance during the event, please reach out to Meghan Shreve at mshreve@interhab.org.

WIFI

WiFi is available on the main floor using the Username: TarrytownPharmacy Password: YourIDDpartner
Thank you Tarrytown Expocare Pharmacy for sponsoring this year's WiFi!

NAME BADGES

Your official Power Up! 2024 name badge is needed to gain entry to all conference events and contains your drink tickets and InterHab Bucks. Your name badge will be available at the conference registration desk upon arrival.

REGISTRATION FEES

Registration fees for each day include all sessions, meals, and special events scheduled for that day, excluding Power Up! executive or invite-only events. Please make sure you collect your conference bag, booklet, and name badge upon arrival.

CONTINUING EDUCATION

If you are interested in receiving Continuing Education Units (CEUs) for attending Power Up! 2024, please complete the following:

1. Retain this copy of the conference program. It contains the information for each general session and breakout information required by the Behavioral Sciences Regulatory Board (BSRB).
2. At the end of the conference (or the end of your attendance, if you leave before the end), request a certificate by emailing mshreve@interhab.org.
3. Retain these documents until it is time to renew your license. Submit them along with other required documents to the BSRB.
4. For questions regarding Social Work CEUs, please contact the BSRB.

VIRTUAL SESSIONS & MATERIALS

Virtual sessions have been emailed and breakout materials can be found at <https://interhab.org/2024-conference-materials/>. Virtual sessions will remain available for 6 months post-conference for those who purchased the content.

THANK YOU POWER UP! COMMITTEE!

A special thanks to the Power Up! Committee: Ettie Brightwell, Heather Brown, Tricia Campbell, Emma Clements, Michelle Eastman, Tara Fairchild, Teresa Galutia, Liz Holle, Ruthie Kurtz, Tasha Markovich, Jill Murphy, Rachel Neumann, Mike Peschel, Andrea Polf, Jacinda Rowson, and Lauren Vohland.

DAY 1 - WEDNESDAY, OCT. 23

SCHEDULE OVERVIEW

8:00 a.m. InterHab Strategic Planning Session (pre-registration required)
McDowell

**Breakfast and lunch will be provided to those members in attendance*

8:30 a.m. Special Session: Mental Health First Aid - Part 1 (pre-registration required)
Konza Prairie C

Mental Health First Aid

Michelle Naillieux, Pawnee Mental Health Services

This course is designed to teach people how to recognize signs and symptoms of mental health challenges and crisis and how to refer for help. The session will cover: Common signs and symptoms of mental health challenges, common signs and symptoms of substance use challenges, how to interact with a person in crisis, how to connect a person with help, expanded content on trauma, substance use and self-care.

11:00 a.m. General Registration Begins
Main Hallway Lobby

12:00 p.m. Trade Show (Lunch on your own)
Main Hallway

1:00 p.m. Opening Session - Keynote Speaker
Kaw Nation/Big Basin

An Insider's Perspective on Employment Challenges, Successes, and Strategies

Kaelynn Partlow, ABA Therapist, Speaker, Love is Blind Star

Pulling from her perspective as an autistic ABA therapist who has been employed for 9 years, Kaelynn will discuss: The impact of autism's core challenge on employability; strategies to help prepare for success in the workplace; and accommodations to increase long-term employment.

2:00 p.m. Trade Show - **\$100 Cash Drawing at 2:45 p.m.! Must be present to win.**
Main Hallway, Kaw Nation/Big Basin

3:00 p.m. Breakout Sessions
Kings AB, Tuttle/Alcove, Konza Prairie AB, McDowell, Kings C, Konza Prairie C

4:30 p.m. Social Hour, Sponsored by Sunflower Health Plan
Manhattan Brewing Company - 406 Poyntz Ave, Manhattan, KS
**One free drink ticket is included in your name badge to use from 4:30 p.m. to 5:30 p.m.*
**Dinner is on your own*

5:30 p.m. President's Reception, Sponsored by Aetna, Healthy Blue, and ResCare
Flinthills Discovery Center - 315 S 3rd St, Manhattan, KS
**Invitation-only event*

8:00 p.m. Entertainment Night - Game Show! Form teams of 8 for your chance to win big!
Flint Hills

DAY 1 - BREAKOUT SESSIONS

3:00 p.m. - 4:00 p.m. Wednesday, October 23

Incentivizing Employment: Working Healthy, WORK, and STEPS

Liz Long, KDHE

Track: Systems Type: Presentation

Room: Kings AB

Work Incentives:

- Persons with disabilities can work, earn more money, be self-sufficient and maintain health insurance.
- You do not have to live in poverty to protect your health insurance or your disability status.
- This presentation will provide insight into some of the basic work incentives that encourage people to test their ability to work.

Intro to Deaf and Nonverbal Communication

Tasha Markovich, JCDS & Vicki Besco, JCDS

Track: Service Delivery Type: Presentation

Room: Tuttle/Alcove

Deaf and nonverbal communication encompasses various methods and tools used by individuals who are either deaf or unable to speak. These forms of communication are essential for facilitating effective interactions and ensuring that everyone can express themselves and understand others. These methods ensure that communication is inclusive for everyone. Being knowledgeable about and sensitive to the communication needs of deaf/nonverbal IDD population helps create a more inclusive and supportive environment for everyone involved.

Developing Simple Data Tools for Easy Analysis to Drive Strategic Planning and Person-Centered Plan Development

Liz Holle, Big Lakes & Amy Phillips, Big Lakes

Track: Leadership Type: Presentation

Room: Konza Prairie AB

This training session offers a comprehensive overview of developing simple data tools for easy analysis to drive strategic and person-centered planning. Participants will learn to create assessments like the Worker Profile and Day Assessment tool to evaluate client work readiness for both in-house and community work. These tools will help understand clients' skills and abilities, informing vocational goals and support needs. Analyzing this data will aid in setting strategic goals to improve client independence and inclusion. Additionally, we will discuss using monthly panel discussions to strategize program development and training, ensuring focused and effective program development and planning.

Guided Independent Living Assessment (GILA) Program: Assessing the Readiness of Young People with Disabilities to Live Independently in the Community

Heather Duffy, Cerebral Palsy Research Foundation & Christina Havice, Cerebral Palsy Research Foundation

Track: HR/Programming Type: Presentation

Room: McDowell

This session will describe the Guided Independent Living Assessment (GILA) program of the Cerebral Palsy Research Foundation of Kansas, Inc. (CPRF), created in collaboration with Wichita State University. GILA is an innovative program that enables youth with disabilities to learn independent living skills, try out living on their own, and complete the program with knowledge of their ability to live independently in the community. The program offers young adults with disabilities, ages 18 and older, both classroom education and hands-on instruction in independent living skills, and an opportunity to demonstrate those skills while living in an apartment in the community. Participants attend a six-week independent living assessment and training program that includes topics in various independent living domains. At the end of the program, GILA program participants and their families will have an increased awareness of the participant's readiness to live on their own and greater knowledge of any independent living skills that need additional practice for them to live on their own anywhere in the community.

Shared Living

Connie Keeling, GoodLife; Aaron Norris, KDADS; & Nan Perrin, Sunflower Health Plan

Track: Targeted Case Management Type: Panel

Room: Kings C

This session will provide an overview of the shared living program. We will be discussing the process for choosing shared living, the roles of the shared living providers, shared living contractors and Individuals.

Brain Injury 101

Julie Luttmann, Brain Injury Association

Track: Health & Medical Type: Presentation

Room: Konza Prairie C

This session will review brain injury with an overview of what the Brain Injury Association of Kansas & Greater Kansas City does.

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DAY 2 - THURSDAY, OCT. 24

SCHEDULE OVERVIEW

8:00 a.m. Conference Registration, Continental Breakfast
Main Hallway Lobby & Kaw Nation/Big Basin

8:00 a.m. Trade Show
Main Hallway

8:45 a.m. Plenary Session
Kaw Nation/Big Basin

Dancing in the Rain: Thriving in Changing Times

Lou Radja

As InterHab and its network of community providers stay dedicated to bringing about bold change for Kansans with developmental disabilities, it's paramount that we are equipped with an extensive, people-centric leadership toolbox to create new opportunities to carry out our mission for ALL in our network. Dancing in the Rain is a great opportunity for us to come together, unplug from the 'matrix' and unpack proven strategies to help us continue to grow, fill our own cup, and be there in our impactful work for the people we serve.

10:15 a.m. Breakout Sessions
Kings AB, Tuttle/Alcove, Konza Prairie AB, McDowell, Kings C, Konza Prairie C

11:15 a.m. Lunch and Trade Show - **\$100 Cash & Prize Giveaway! Must be present to win.**
Main Hallway Lobby & Kaw Nation/Big Basin

1:15 p.m. Breakout Sessions
Kings AB, Tuttle/Alcove, Konza Prairie AB, McDowell, Kings C, Konza Prairie C
**note: Special Session, Mental Health First Aid will resume at this time.*

2:15 p.m. Snack Break
Main Hallway

2:30 p.m. Breakout Sessions
Kings AB, Tuttle/Alcove, Konza Prairie AB, McDowell, Kings C, Konza Prairie C

3:45 p.m. Breakout Sessions
Kings AB, Tuttle/Alcove, Konza Prairie AB, McDowell, Kings C, Konza Prairie C

5:00 p.m. Sip 'n Support - InterHab Champion Fund Event
Flint Hills
**Invitation-only event*

5:30 p.m. InterHab Bucks Dinner
Use your InterHab Bucks at local restaurants in Manhattan! Details can be found on the coupon located inside your name badge!

8:00 p.m. First Time Attendee Mixer - Featuring KSU Improv: *Friends and coworkers welcome!*
Flint Hills

DAY 2 - BREAKOUT SESSIONS

10:15 a.m. - 11:15 a.m. Thursday, October 24

Kansas Employment First Project

Mark G. Dietzler, KDADS; Craig Knutson, KUCDD; Evan Dean, KUCDD
Track: Systems Type: Panel
Room: Kings AB

The Kansas University Center on Developmental Disabilities (KUCDD) and the Institute for Health and Disability Policy Studies (KU IHDPSS) have partnered with the Kansas Department of Aging and Disability Services (KDADS) to conduct a systems-change project focused on building capacity for supporting competitive, integrated employment (CIE) outcomes in Kansas. One component of the project is the Kansas Employment First Pilot Project, conducted in partnership with the Washington Initiative for Supported Employment (WISE).

Pilot Project participants accessed state of the art, ACRE approved, training ensuring staff are trained in core competencies to better serve individuals who desire competitive, integrated employment. Pilot Project participants also receive technical assistance via mentorship partnerships from organizations who have made the transition to a business model that focuses on providing quality CIE supports and services.

In this presentation, attendees will hear from KUCDD and pilot site participants about their experiences with the Employment First pilot project as well as their approaches to supporting people with disabilities to obtain and maintain competitive, integrated employment.

Creating a Meaningful Person-Centered Support Plan Experience

Heather Brown, JCDS; Jeff Whittier, Cottonwood; & Tara Fairchild, Mosaic
Track: Service Delivery Type: Panel
Room: Tuttle/Alcove

An annual person-centered support plan meeting shouldn't be just another item that needs crossed off a to-do list. This session will discuss how to make the PCSP experience more meaningful for both employees and the person supported. Topics will include some highlights of the PCSP form, goals, the role of DSPs and Case Managers, as well as how to empower the person to run their own show (and their own life!).

Professional Speaking: Virtual, Hybrid, and In-Person

Zane May, WSU Community Engagement Institute & Percy Turner, WSU Community Engagement Institute
Track: Leadership Type: Presentation
Room: Konza Prairie AB

Learn tips and tricks to improve your ability to lead meetings, contribute to conversations, and collaborate with others in the workplace in dynamic settings.

Tell Your Story – Sexual Abuse / Molestation Best Practice – A Team Approach

Andrew Shockey, Philadelphia Insurance & Brenda Rice, IMA, Inc.
Track: HR/Programming Type: Presentation
Room: McDowell

Your organization has policies in place, conducts trainings, completes background checks, plus more...but what is enough? We will discuss the best practices for working with your commercial insurance partners and explore available resources and ideas that are considered best practices. Going beyond basic policies and trainings to expand knowledge and awareness to prevent grooming and manage all alleged situations with highest urgency – background checks don't catch it all! Learn more with us about key items to implement to enhance your existing program.

Level-up Your Behavior Support Plans: BSP Writing Workshop - Part 1

Nicole Kanaman, Ph.D., BCBA, GoodLife Innovations
Track: Targeted Case Management Type: Interactive
Room: Kings C

During this workshop, we will train on our behavior support plan writing curriculum, which was specifically designed to help managers (e.g., targeted case managers or group home managers) write best-practice, function-based behavior support plans. The curriculum includes information on the fundamental principles of a function-based approach to addressing challenging behavior, how to identify or hypothesize the function of behavior using an indirect assessment, and how to use information from a functional behavior assessment to derive an effective behavior support plan.

Introduction to Fragile X and FMR1

Sean Swindler, M.S.Ed. Kansas Center for Autism Research and Training, KU Biobehavioral Research on Autism, Intellectual and Neurodevelopmental disabilities laboratory (BRAIN lab)
Track: Health & Medical Type: Presentation
Room: Konza Prairie C

This session will introduce Fragile X Syndrome, a condition that is caused by the mutation of a single gene, FMR1, on the X chromosome. This can cause intellectual disability, behavioral and learning challenges. This presentation will provide an overview of the characteristic of Fragile X Syndrome, and discussion of some of the emerging therapies, interventions and medications that can be used to treat Fragile X and some emerging opportunities for people with Fragile X and their families to participate in research and clinical trials in Kansas. People with Fragile X are usually I/DD Waiver eligible and served in the HCBS IDD Waiver for long-term care and supports.

DAY 2 - BREAKOUT SESSIONS

1:15 p.m. - 2:15 p.m. Thursday, October 24

Implementing Quality: Person-Centered Employment Toolkit

Duane Shumate, Elevations Consultation LLC

Track: Systems Type: Presentation

Room: Kings AB

It is critically important to ensure each individual is afforded person-centered supports throughout the employment pathway continuum. The role of a well-trained professional is an essential catalyst in aligning intent and outcome. Rooted in national best practice, attendees of this session will be provided with a systematic solution and walkaway tools to scale an organization's capacity for delivering person-centered employment supports.

Being Proactive

Michelle Niedens, KU Alzheimer's Disease Center

Track: Service Delivery Type: Presentation

Room: Tuttle/Alcove

This session is for both families and professionals who support someone with an intellectual and/or developmental disability. This program explores risk factors of a dementia, practical ways to recognize cognitive changes early, and steps forward.

Cross-Training: Ensuring Skills are Transferrable

Zane May, WSU Community Engagement Institute & Percy

Turner, WSU Community Engagement Institute

Track: Leadership Type: Presentation

Room: Konza Prairie AB

When team members understand each other's roles and responsibilities and have the skills to cover for one another, the team is better positioned to handle challenges and opportunities with both flexibility and confidence. This collective readiness strengthens their ability to adapt and perform effectively.

Case Study of an Individual with Lennox Gestalt Syndrome and Caregiver Reported Outcomes

Nanette Wrobel, PharmD

Track: Health & Medical Type: Presentation

Room: McDowell

This session characterizes the signs and symptoms of the rare disease of Lennox Gestalt syndrome defining the differences as a child and as an adult, through a real world case study. The individual is followed from diagnosis to treatment options in an attempt to decrease her seizure intensity and rate, highlighting those medications that did not work effectively to finally finding a good option for her. In addition, information on the behavioral, emotional, and cognitive changes that took place after starting her on an effective medication are reviewed from the caregiver's point of view.

Level-up Your Behavior Support Plans: BSP Writing Workshop - Part 2

Nicole Kanaman, Ph.D., BCBA, GoodLife Innovations

Track: Targeted Case Management Type: Interactive

Room: Kings C

During this workshop, we will train on our behavior support plan writing curriculum, which was specifically designed to help managers (e.g., targeted case managers or group home managers) write best-practice, function-based behavior support plans. The curriculum includes information on the fundamental principles of a function-based approach to addressing challenging behavior, how to identify or hypothesize the function of behavior using an indirect assessment, and how to use information from a functional behavior assessment to derive an effective behavior support plan.

Mental Health First Aid - Part 2

Michelle Naillieux, Pawnee Mental Health Services

Track: Special Session Type: Presentation

Konza Prairie C

*pre-registration required, must have attended part 1

This course is designed to teach people how to recognize signs and symptoms of mental health challenges and crisis and how to refer for help. The session will cover:

- Common signs and symptoms of mental health challenges.
- Common signs and symptoms of substance use challenges.
- How to interact with a person in crisis.
- How to connect a person with help.
- Expanded content on trauma, substance use and self-care.

DAY 2 - BREAKOUT SESSIONS

2:30 p.m. - 3:30 p.m. Thursday, October 24

Managed Care Organization Panel

MCO Representatives

Track: Systems Type: Panel

Room: Kings AB

Join representatives from Aetna, Healthy Blue, Sunflower Health Plan, and United Healthcare in a moderated panel discussion.

Gray for a Day

Erin Martinez, K-State Extension Office; Ethel Schneweis, K-State Extension Office; & Melinda Daily, K-State \ Extension Office

Track: Service Delivery Type: Interactive

Room: Tuttle/Alcove

Gray for a Day is a simulation experience that utilizes an empathic approach to improve knowledge about the age-related sensory and functional challenges that some adults may face. This session will help participants understand and experience sensory and functional decline and its influences on daily life, while encouraging healthier lifestyles and practicing empathy.

Exercise in Leadership: Hope, Well-Being, & Engagement

Mike Finnegan, Ph.D., Kansas State University

Track: Leadership Type: Presentation

Room: Konza Prairie AB

Do you ever feel stuck or complacent? This session will engage participants in conversations aimed at increasing employee engagement and well-being within their work teams. Learn how to view your team through an asset-based perspective to help people reach their full potential and thrive!

The DSP+ Apprenticeship: Your Questions Answered

Darin Webb, Goodwill; Chadra Hill, Goodwill; Sheena Luedke, DSNWK; Shelby Fields, DSNWK; Heather Brown, JCDS; & Meghan Shreve, InterHab

Track: HR/Programming Type: Panel

Room: McDowell

DSP+ is an apprenticeship program that provides further professional advancement for Kansas Direct Support Professionals who provide services to persons with intellectual and developmental disabilities. Join this session to learn more about the program, what current apprentice sites are doing to be successful, and what the future holds for the expansion of this program.

Level-up Your Behavior Support Plans: BSP Writing Workshop - Part 3

Nicole Kanaman, Ph.D., BCBA, GoodLife Innovations

Track: Targeted Case Management Type: Interactive

Room: Kings C

During this workshop, we will train on our behavior support plan writing curriculum, which was specifically designed to help managers (e.g., targeted case managers or group home managers) write best-practice, function-based behavior support plans. The curriculum includes information on the fundamental principles of a function-based approach to addressing challenging behavior, how to identify or hypothesize the function of behavior using an indirect assessment, and how to use information from a functional behavior assessment to derive an effective behavior support plan.

Mental Health First Aid - Part 2 - CONTINUED

Michelle Naillieux, Pawnee Mental Health Services

Track: Special Session Type: Presentation

Konza Prairie C

*pre-registration required, must have attended part 1

This course is designed to teach people how to recognize signs and symptoms of mental health challenges and crisis and how to refer for help. The session will cover:

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- How to interact with a person in crisis.
- How to connect a person with help.
- Expanded content on trauma, substance use and self-care.

DAY 2 - BREAKOUT SESSIONS

3:45 p.m. - 4:45 p.m. Thursday, October 24

Kansas Rehabilitation Services Panel

Dan Decker, Kansas Rehabilitation Services & Staff

Track: Systems Type: Panel

Room: Kings AB

Join Dan Decker and other Kansas Rehabilitation Services staff in a panel discussion where you can ask questions and learn more about Vocational Rehabilitation.

Simple Home Modifications

Erin Martinez, K-State Extension Office; Ethel Schneweis, K-State Extension Office; & Melinda Daily, K-State Extension Office

Track: Service Delivery Type: Presentation

Room: Tuttle/Alcove

Simple Home Modifications introduces the concept of aging-in-place and its connection to our home environment. This session will provide tools that can help individuals and families economically modify their homes and spaces to promote safety and independence for aging adults and individuals with disabilities.

Employee Success Programs

Brittany Maddox, COF Success Coach

Track: Leadership Type: Presentation

Room: Konza Prairie AB

What does employee success look like to you? What struggles do you face when trying to maintain it? What does success look like to your employees? In this session, COF Training Services' Employee Success Coach will go over the experiences she has had in developing the program with and for the staff at COF. She will go over what her program currently looks like, what type of services she offers to the staff, what she has learned through development, and answer any questions you may have about the program. Employee Success looks different to every manager, CEO, and employee. The most important thing is to learn how to support the company towards growth and achievement - which all starts with supporting your staff and defining success together.

Let's Chat - We're Here to Help!

Tami Allen, Families Together & Lesli Girard, Families Together

Track: HR/Programming Type: Panel

Room: McDowell

Tami Allen and Lesli Girard are Co-Executive Directors of Families Together, Inc., the Parent Training and Information and Family-to-Family Health Information center for Kansas. They have nearly forty years of experience working with families that include children, youth, and young adults with disabilities. Tami and Lesli will share information about the organization and the different services available and will provide an overview of their different programs.

Chair Yoga, Breathwork, and Sound Bath with Singing Bowls

Brittany Gaines, Waves of Honey

Track: Health & Medical Type: Interactive

Room: Kings C

This soothing session combines gentle chair yoga with guided breathwork to calm the mind and body, followed by a tranquil sound bath with singing bowls. You will be guided through relaxing poses, deep breathing exercises, and the healing vibrations of singing bowls, concluding with a serene meditation. Perfect for all levels, this event aims to enhance your relaxation and well-being in a peaceful and supportive environment.

Mental Health First Aid - Part 2 - CONTINUED

Michelle Naillieux, Pawnee Mental Health Services

Track: Special Session Type: Presentation

Konza Prairie C

*pre-registration required, must have attended part 1

This course is designed to teach people how to recognize signs and symptoms of mental health challenges and crisis and how to refer for help. The session will cover:

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- How to connect a person with help.
- Expanded content on trauma, substance use and self-care.

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DAY 3 - FRIDAY, OCT. 25

SCHEDULE OVERVIEW

- 8:00 a.m. Breakfast
Main Hallway Lobby & Breakout Rooms
- 9:00 a.m. Breakout Sessions & Special Sessions
Kings AB, Tuttle/Alcove, Konza Prairie AB, Kings C, Konza Prairie C, Big Blue/Fort Riley
- 10:15 a.m. Breakout Sessions & Special Sessions, continued
Kings AB, Tuttle/Alcove, Konza Prairie AB, Kings C, Konza Prairie C
- 11:00 a.m. Art & Awards VIP Check-In and Seating
Main Hallway
- 11:30 a.m. InterHab's Annual Art and Awards Ceremony
Kaw Nation/Big Basin
- 1:00 p.m. Conference Concludes
See you in Manhattan for Power Up! 2025

DAY 3 - BREAKOUT SESSIONS

9:00 a.m. - 10:00 a.m. Friday, October 25

Legislative Meet & Greet

Matt Fletcher, InterHab & Kansas Legislators

Track: Systems Type: Panel

Room: Kings AB

Attend this session to mingle with local legislators and learn more about IDD priorities in Kansas.

Autism Spectrum Disorder for Direct Support Professionals

Jill Murphy, JCDS

Track: Service Delivery Type: Presentation

Room: Tuttle/Alcove

This training will provide an overview of the characteristics of Autism Spectrum Disorders (ASD). When Direct Support Professionals interact with individuals with ASD, we may inadvertently do things day-in and day-out that could be problematic for those we support. We will learn how DSPs can utilize a mindful approach incorporating ideas learned to help the person reach their goals.

Stayin' Alive: The Fundamentals of Saving a Life Through Hands-Only CPR

Laura Lopez, Kansas City American Heart Association; Erin Gabert, Kansas City American Heart Association; & Jayson Cuba, The Miller Group

Track: Health & Medical Type: Interactive

Room: Big Blue/Fort Riley

Discover the power to save lives with an interactive hands-only CPR training. In just a short amount of time, you'll learn the essential skills needed to respond effectively in emergency situations. Gain confidence in your ability to provide immediate assistance and make a meaningful impact when every second counts.

Whether you're a novice or looking to refresh your skills, this session offers valuable knowledge that could make all the difference in saving someone's life. Join us and become equipped to act decisively and with compassion in someone's greatest time of need.

Content Marketing Strategies for Nonprofits: Engaging Hearts and Minds to Amplify Impact

Anna Spexarth, SETWorks & Scout Dearth, SETWorks

Track: Leadership Type: Presentation

Room: Konza Prairie AB

In the digital age, storytelling and content creation are not just tools of engagement, they are the heartbeat of successful organizations. This session is designed to empower professionals with actionable strategies to harness the power of content marketing. This session dives deep into the art and science of crafting compelling narratives that resonate with audiences, drive donations, and foster a committed community of supporters.

Diagnosis, Assessment & Eligibility for CDDOs - Part 1

Linda Heitzman-Powell, BCBA-D, Kansas Center for Autism Research and Training & Sean Swindler, M.S.Ed. Kansas Center for Autism Research and Training

Track: CDDO Special Session Type: Presentation

Room: Kings C

**This session will take place from 9 - 11 a.m.*

This session will discuss the Autism and I/DD diagnostic process, look at core features of an ASD Diagnosis with an emphasis on people with IDD who also have Autism. We will review some features of this population and some practical treatment options and methods. There will also be an opportunity to ask questions.

De-Escalation Training - Part 1

Michelle Naillieux, Pawnee Mental Health Services & Jurdene Coleman, Pawnee Mental Health Services

Track: Special Session Type: Interactive

Room: Konza Prairie C

**This session will take place from 9 - 11 a.m.*

This course is to help everyday people learn how to de-escalate situations and how to engage in conversation during escalation. This course is 2 hours. We will do a presentation for an hour and then ask you (ahead of time) to send me some scenarios that staff have been faced with in the past that they didn't know how to handle. We will then work in groups on those scenarios.

DAY 3 - BREAKOUT SESSIONS

10:15 a.m. - 11:15 a.m. Friday, October 25

Employment Incentives: How to Maximize the Use of Tax Credit Incentives to Increase Employment Opportunities for Individuals with Disabilities

Rachel Neumann, COF & Pat Jonas, Cerebral Palsy Research Foundation of Kansas

Track: Systems Type: Presentation
Room: Kings AB

With the advancement of the Employment First Movement, the pressure is rising for providers to establish competitive and integrated jobs for individuals with disabilities. In a capitalist market that focuses heavily on the bottom line, this endeavor can raise many barriers. Tax incentives are a powerful tool in addressing the financial barriers that may lead employers to shy away from inclusive hiring practices. This session will explore the use of employment incentives through tax credits to encourage employers to prioritize the hiring of individuals with disabilities. The discussion will focus on two significant tax credits: the Kansas Targeted Employment Act and the Disability Employment Act. By understanding and leveraging these tax incentives, providers can play a vital role in breaking down financial barriers and promoting inclusive hiring practices within their communities. Join us to gain valuable insights and tools to support businesses in creating more opportunities for individuals with disabilities.

Understand Trauma and Its Impact

Terra Upham, Pawnee Mental Health Services

Track: Service Delivery Type: Presentation
Room: Tuttle/Alcove

This training will focus on ensuring individuals have a shared awareness and understanding of the prevalence and impact of trauma, and implications for the community. Trauma-responsive communities recognize that healing and learning go together. By having an awareness of trauma, individuals can work together to begin to implement trauma-informed practices, which in return will help to create nurturing environments that foster resilience, growth, and success for all within the communities they live in.

The Art of Inclusion: Intentional Moves for Lasting Impact

Charles Morgan, Blue Cross and Blue Shield of Kansas

Track: HR/Programming Type: Presentation
Room: McDowell

In this presentation, we will explore the intricate art of fostering inclusion through deliberate and strategic actions. Participants will gain insights into the essential principles of intentionality, learn practical techniques for creating inclusive environments, and discover how thoughtful, purpose-driven moves can lead to sustainable and meaningful change.

Creative Writing

Traci Brimhall, Kansas State University

Track: Targeted Case Management Type: Interactive
Room: Konza Prairie AB

This breakout session will be a mix of reading examples of short nonfiction and writing some of our own stories. As we read these tiny true stories, we will look at how these writers bring the emotions and powerful moments of their life into a few short paragraphs. What details make an impact? How do we remember dialogue? What considerations do we need when our true stories involve others? We will use our insights to write one of our own life stories.

Diagnosis, Assessment & Eligibility for CDDOs - Part 2

Linda Heitzman-Powell, BCBA-D, Kansas Center for Autism Research and Training &

Sean Swindler, M.S.Ed. Kansas Center for Autism Research and Training

Track: CDDO Special Session Type: Presentation
Room: Kings C

**This session will take place from 9 - 11 a.m.*

This session will discuss the Autism and IDD diagnostic process, look at core features of an ASD Diagnosis with an emphasis on people with I/DD who also have Autism. We will review some features of this population and some practical treatment options and methods. There will also be an opportunity to ask questions.

De-Escalation Training – Part 2

Michelle Naillieux, Pawnee Mental Health Services &

Jurdene Coleman, Pawnee Mental Health Services

Track: Special Session Type:

Presentation/Interactive

Room: Konza Prairie C

**This session will take place from 9 - 11 a.m.*

This course is to help everyday people learn how to de-escalate situations and how to engage in conversation during escalation. This course is 2 hours. We will do a presentation for an hour and then ask you (ahead of time) to send me some scenarios that staff have been faced with in the past that they didn't know how to handle. We will then work in groups on those scenarios.

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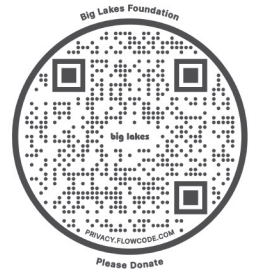
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