

*OPTION 3 - Relias Curriculum	Hours
Basic Certificate	60.5
Essentials of Communication: Communication Effectiveness	
Ethical Decision Making: The Basics	
Abuse and Neglect of Individuals with I/DD	
Assisting with Ambulation	
Crisis Intervention for Individuals with Developmental Disabilities	
Meal Preparation	
Retirement in IDD	
Principles of Positive Behavior Support Pt.2: Choice, Skills, and Environment	
Guidelines for Documentation in IDD	
Writing Effective Incident Reports	
Bloodborne Pathogens and Standard Precautions	
A Day in the Life: An IDD Perspective	
Bloodborne Pathogens for IDD Service Settings	
Supporting Individuals with Disabilities During Emergencies	
Health and Safety Management	
Promoting Relaxation for Individuals with IDD	
Maintaining Professional Boundaries	
Clothing Care and Laundry	
Creating a Culture of Respect	
Developing Therapeutic Relationships	
Advance Directives	
Back Injury Prevention	
Employee Wellness - Emotional Intelligence: Awareness	
Employee Wellness - Stress Management	
Basics of Hand Hygiene	
Supporting Adults in the Grieving Process	
Assisting with Oral Hygiene	
Writing and Monitoring Goals for Person-Centered Plans	
Essentials of Communication: Navigating Conversations	
Healthcare Needs for People with IDD: Assessing Healthcare Needs	
Medication Management Part 3: Labels and Documentation	
Principles of Positive Behavior Support Pt.3: Teaching New Skills	
Principles of Positive Behavior Support Pt.4: Importance of BSPs	

Basics of Defensive Driving	
Supporting Client Rights for Paraprofessionals in Behavioral Health	
Prevention, Identification, and Reporting of Dependent Adult Abuse	
Diversity and Disability	
Dental and Oral Health for Individuals with IDD	
An Overview of Safe Eating and Drinking	
Using Service Plans	
COVID-19 Vaccines: What You Need to Know!	
Employee Wellness - Side Effects of Care Giving	
Employee Wellness - Work-Life Balance	
Building a Multicultural Care Environment	
Employee Wellness - Emotional Intelligence: Feeling & Thinking	
Building Healthy Therapeutic Relationships	
Criminal Justice System and People with Intellectual and Developmental Disabilities	
Intellectual Disability Overview	
Illinois Personal Hygiene for Individuals with I/DD	
Person Centered Planning for Individuals with Developmental Disabilities	
Medication Management Part 2: Understanding Medications	
Principles of Positive Behavior Support Pt.1: Overview	
Essentials of Communication: Effective Listening	
Effective Workplace Writing	
Employee Wellness - Time Management	
Medication Management Part 4: Administering Medications	
Healthcare Needs for People with IDD: Common Health Problems and Interventions	
Medication Management Part 1: Overview	
An Overview of Different Types of Disabilities	
Rights of Individuals with IDD	
Substance Use and People with Intellectual and Developmental Disabilities	
Person-First Language	
Supporting People with Dementia and IDD	
Six Rights of Medication Administration	
Supporting People with IDD and Mental Health Conditions	
Supporting People with Autism Spectrum Disorder	
Guidelines for Effective Documentation	
Systematic Instruction Strategies	
Psychotropic Medications	
Assisting with Self-Administration of Medications: The Basics	
Initial Proficiency Certificate	61
Choice Making for People with Intellectual and Developmental Disabilities	
Assessments in IDD	
Individual and Organizational Approaches to Multicultural Care	
Communication with Families	
Person-First Language	
Healthcare Needs for People with IDD: Vital Signs	
Anger Management	
Working with Difficult People	

Healthcare Needs for People with IDD: Constipation	
Health Promotion and Age-Related Changes in IDD	
Positive Behavior Support Planning: Part 1	
Introduction to Occupational Therapy for IDD	
Certificate of Initial Proficiency-Applied Experience 3	
Certificate of Initial Proficiency-Applied Experience 4	
Employment Support	
Supporting Everyday Lives for People with Disabilities	
People with Disabilities: Building Relationships and Community Membership	
Supporting Self-Advocacy Skills	
IDD and Trauma: Road to Recovery	
Essentials of Communication: Communication Effectiveness	
Conflict Management for Direct Supports Staff in IDD	
Introduction to Physical Therapy for IDD	
Intellectual Disability Part 2: Assessing Intellectual Functioning and Adaptive Behavior	
Self-Determination Basics for Self-Directed Employers	
Essentials of Communication: Navigating Conversations	
Working in a Team	
Person Centered Planning for Individuals with Developmental Disabilities	
Certificate of Initial Proficiency-Applied Experience 1	
Effective Communication	
Problem Solving in the Workplace	
Co-Occurring Disorders for Early Practitioners	
Person-Centered Planning in Behavioral Health	
Overview of the Personal Outcome Measures®	
Healthcare Needs for People with IDD: Seizures	
Positive Behavior Support Planning: Part 2	
Intellectual Disability Part 3: Diagnosing Intellectual Disability and Planning for Supports	
Introduction to SLP for IDD	
End-of-Life Care for People with IDD	
Intellectual Disability Part 1: Understanding the Construct and Its Assessment	
Supporting Quality of Life for Individuals with IDD	
Certificate of Initial Proficiency-Applied Experience 2	
Documentation for Treatment Planning	
Supporting People with Autism Spectrum Disorder	
Conflict Resolution	
Augmentative and Alternative Communication for IDD	
Basic Communication and Conflict Management Skills	
Self-Directed Services	
Principles and Practices of Effective Direct Supports	
Advanced Proficiency Certificate	60.7
Certificate of Advanced Proficiency-Applied Experience 1	
Certificate of Advanced Proficiency-Applied Experience 2	
Using Personal Outcome Measures® in Evaluation and Planning for Organizations	

Customized Community Careers Part 3: Employment Opportunities Through Customized Job Development	
Certificate of Advanced Proficiency-Applied Experience 3	
Certificate of Advanced Proficiency-Applied Experience 5	
Certificate of Advanced Proficiency-Applied Experience 6	
Certificate of Advanced Proficiency-Applied Experience 7	
Application of the Personal Outcome Measures for Behavioral Health	
Using Personal Outcome Measures® in Planning for People	
Supporting Healthy Personal Relationships for People with IDD	
Employment Support	
Social Integration Strategies for People with Autism Spectrum Disorder	
Customized Community Careers Part 2: Understanding the Discovering Personal Genius Process	
Maintaining a Cohesive Multigenerational Workforce	
Self-improvement for Lifelong Success	
Crisis Management Across Health and Human Services	
Application of the Personal Outcome Measures® for Families, Children, and Youth	
Quality Assurance and Performance Improvement for Direct Care Professionals	
Providing Support for Challenging Behavior	
Certificate of Advanced Proficiency-Applied Experience 4	
Principles of Positive Behavior Support Pt.3: Teaching New Skills	
Customized Community Careers Part 4: Customized Employment Using Interest-Based Negotiation	
Customized Community Careers Part 5: Systematic Instruction and Job Training	
Customized Self-Employment Part 10: Benefits Management for SSI Recipients	
Intellectual Disability Part 3: Diagnosing Intellectual Disability and Planning for Supports	
Customized Self-Employment Part 9: Benefits Management for SSDI Recipients	
Working in a Team	
Fostering Mentoring Relationships	
Planning and Organizing Meetings	
Certificate of Advanced Proficiency-Applied Experience 8	
Effective Communication: What Supervisors Need to Know	
Customized Community Careers Part 1: Overview of Customized Employment	
Customized Self-Employment Part 8: Overview of Benefits Management	

TOTAL MINIMUM HOURS 182.20