

Outstanding Personal Growth Award Nomination

Award Description:

The Outstanding Personal Growth Award will be presented to a person who receives services from an InterHab member and who has attained significant goals in his or her personal life. (e.g. move from institution to the community, independent living, education, relationships, etc.)

NOMINEE: Terence Webber

ORGANIZATION: Mosaic

Provide a narrative including answers to the following questions. You may also attach a maximum of three letters of support. Additional information may be attached if necessary.

- What challenges has this person faced?
- How has he or she met those challenges?
- What are this person's significant accomplishments?
- What supports did this person have in accomplishing his or her goals?
- Are there other goals this person is working on reaching?
- Provide a biographical sketch of this person.
- Additional information.

NOMINATION NARRATIVE:

Terence, or Terry as we call him has always had anger issues. It wasn't uncommon to hear him yelling when you'd visit the day service site. He'd yell at his peers as well as staff at the drop of a hat. He would throw objects and even become physically aggressive regularly. It was really hard for Terry to deal with anger appropriately. He didn't know how to deal with strong feelings. He didn't even know how to recognize that he was angry or upset. Through hard work and staff guidance Terry started learning to recognize those feelings and instead of immediately yelling when he's angry, he learned that he can talk to staff about how he's feeling. Terry can now recognize when he is getting upset and will now try to self calm by removing him from the situation. If he feels like he can't calm himself down he will talk to staff. This is a huge accomplishment for Terry since his outbursts were a daily occurrence and could last all day.

Since learning to control his anger, Terry was able to focus on what he wants for his life. He told us that he wants a job as a janitor. Staff started a job training program with him and he had minimal hours at our office and day service site as a way to prepare him for a potential janitorial job. Staff were 1:1 with him while cleaning the bathrooms, sweeping, mopping, taking out the trash and wiping everything down. Terry learned very quickly and didn't need staff supervision after only a few weeks. Since then, Terry has asked for more job responsibilities and hours. He has become quite the model employee. He doesn't need staff prompts to complete his job, takes huge pride in his work and is so proud to tell everyone that he is a janitor at the office and show off his paycheck. Due

to his commitment and hard work his hours and job responsibilities were increased. While he is not on the clock and is at the day service site, he is the first to ask if anyone needs help with anything and is always willing to lend a helping hand.

Terry would eventually like to look at employment outside of our office but for now, he is a huge help and works several days a week. Terry now has the skills that he needs to work at a job in the community, which is honestly something we never thought he would be able to do. We are so proud of Terry for the drastic change he has made in his life! He has gone from being someone we labeled behavioral to someone that has completely turned their life around. He is helpful and proud of his accomplishments.

NAME OF PERSON MAKING THIS NOMINATION: Jennifer Cardin

ORGANIZATION: Mosaic

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I have reviewed and agreed to the criteria for filming the awards video.

I have obtained approval for this nomination from the submitting agency's Executive Director.

Send this form via email to mshreve@interhab.org

**The deadline to submit award nominations is June
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