Lessons from History A New Perspective on Remote Supports Presented by Michael Doucette

NIGHT OWL SUPPORT SYSTEMS, LLC



Purpose

Examine Perspective Shifts

Use Them to Help Think **About Emerging Services**

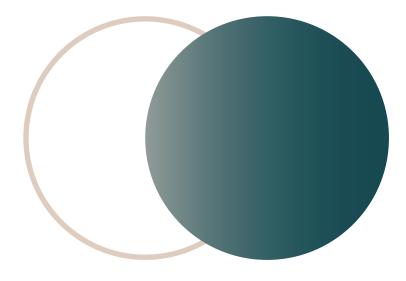
Discuss Remote Supports and How It Helps Both Individuals and Providers











An Aging Population

Person-Centered Growth

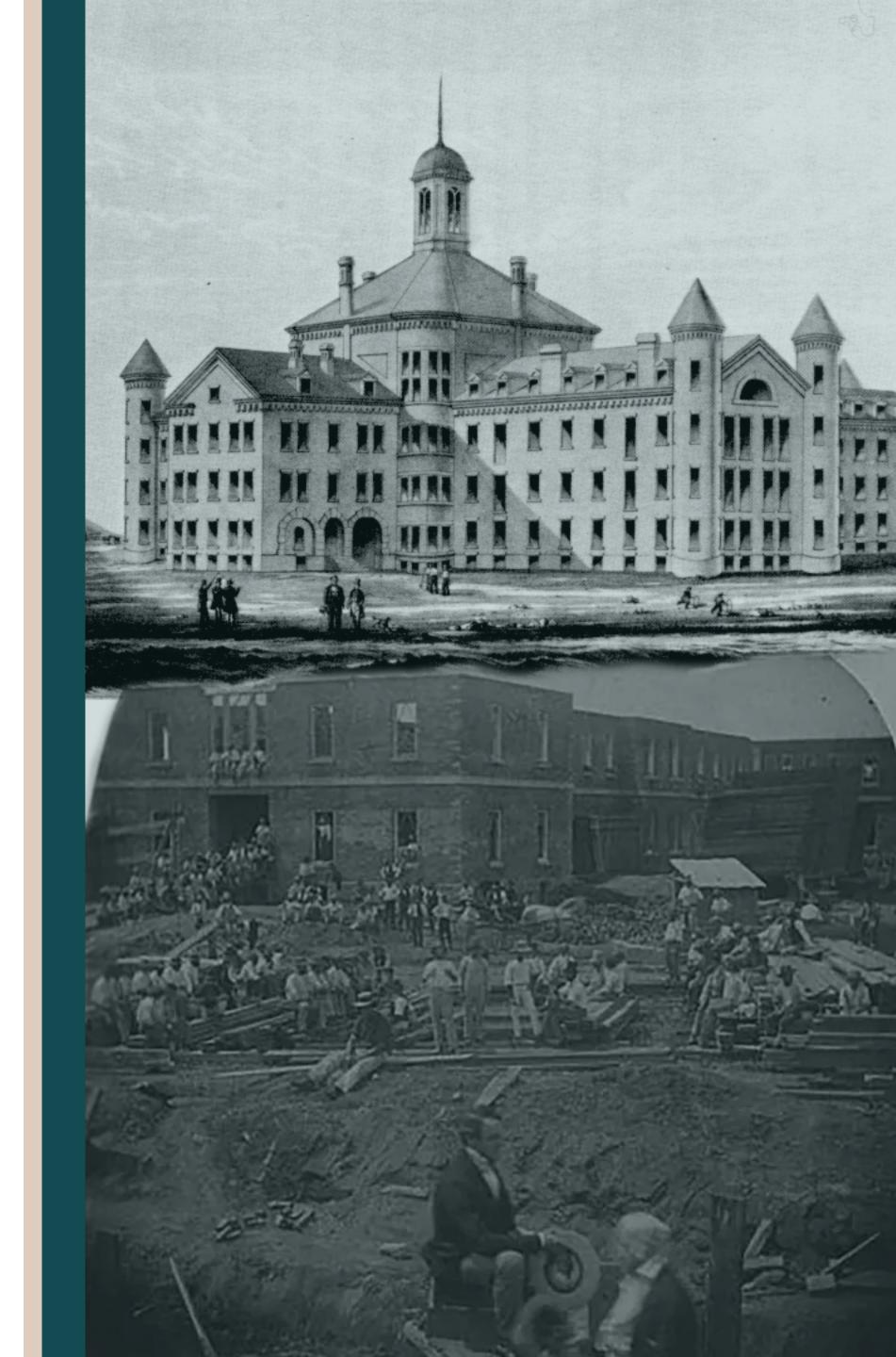


Best Intentions & the Status Quo

Institutions Perception of Public Burden

Lower Cost Through Self-Sufficiency

Forced Labor



Risk and its Role

"To deny an (individual with disabilities) his fair share of risk experiences is to further cripple him for healthy living."

The Dignity of Risk and the Mentally Retarded, 1972



LOU Brown & Special Ed Reform

Incrementalism is a Best Practice



LOU Brown & Special Ed Reform

"Pre" Means Never



What Would You Have Done?

Can Technology Bethe Next Perspective Shift? Proven Success Affected Differently by Resource Shortages

Differently by Shortages Diverse and Increasing Number of Services





What are Remote Supports?

Remote Supports is a technology-based service that allows trained remote support professionals (RSPs) to deliver live support to an individual at a remote location.

RSPs are awake, alert, and solely focused on providing remote supports during a scheduled period of time.

Remote supports should always be selected by the individual and their team, incorporated into the individual's service plan, and delivered in a person-centered way.

Remote supports are not intended as a wholesale subsitute for in-home staff supports, in fact, remote supports work best when combined with these supports.



Why Remote Supports?

Independence



Safety & Security



Why Remote Supports?

Relationships



Lightening the Load



Founded, developed, and driven by people passionate about serving individuals with disabilities.

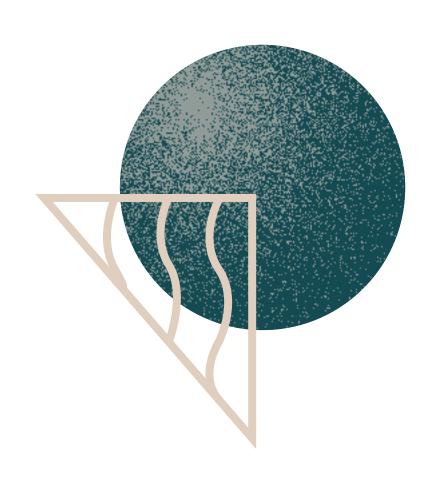
Focused on improving outcomes and increasing independence.





Our Mission

To deliver quality remote support services by creatively using technology to connect passionate, experienced caregivers to individuals, allowing them to live with <u>more independence</u>.





Five Components of NOSS

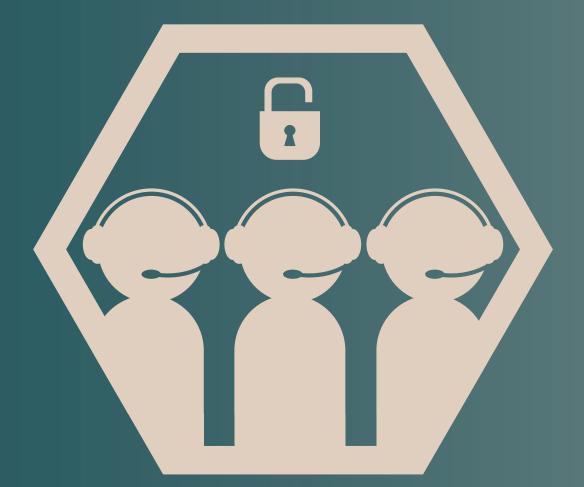
Remote Support Professionals

Technology





Central Monitoring Station



Consumer Relations







Remote Components Central Monitoring Station Secure Facility Multiple Redundancies 24/7, 365 Operation

Remote Support Professionals (RSPs) Day-to-Day Champions Enhanced Training **Reactive & Proactive** Communication **Dispatch Responders**



Remote Supports Technology

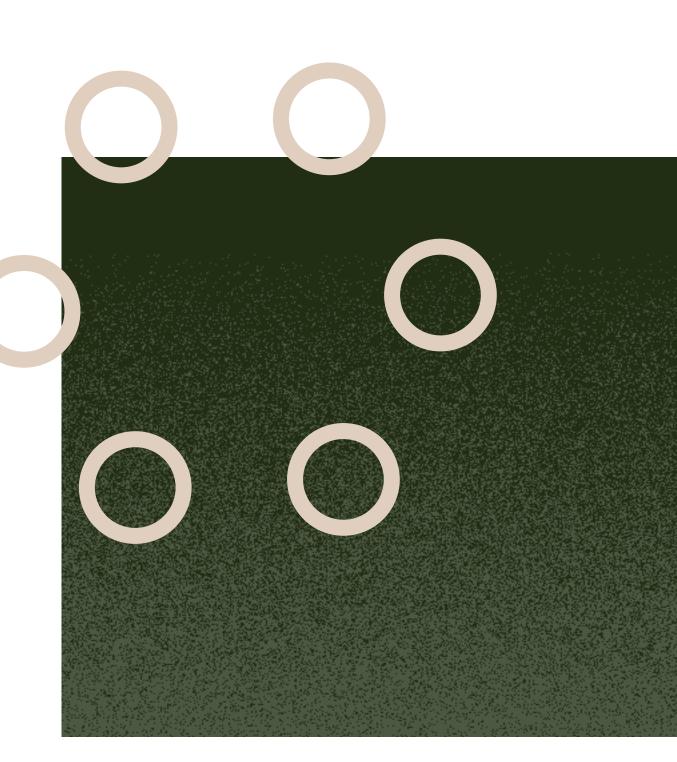
V Sensor-Based

W Battery & Cellular Backup

Tamper-Evident Sensors

▼ 2-Way, Hands-Free Communication

Portable and Adaptable





Remote Supports Technology

Sensor Examples

- 2-Way Communication Panel
- **Smoke Detectors**
- **Door & Window Sensors**
- **Bed & Movement Sensors**
- Personal Pagers



- **Motion Detectors**
- Fall Sensors
- Flood & Moisture Sensors
- Smart Med Dispenser
- **Optional Assistive Tech (ex. Ring Doorbell)**









Responders

▼ Addressing Physical Needs

Agency or Natural Support

▼ Personalized Interactions



Consumer Relations NOSS Consumer Relations department provides:

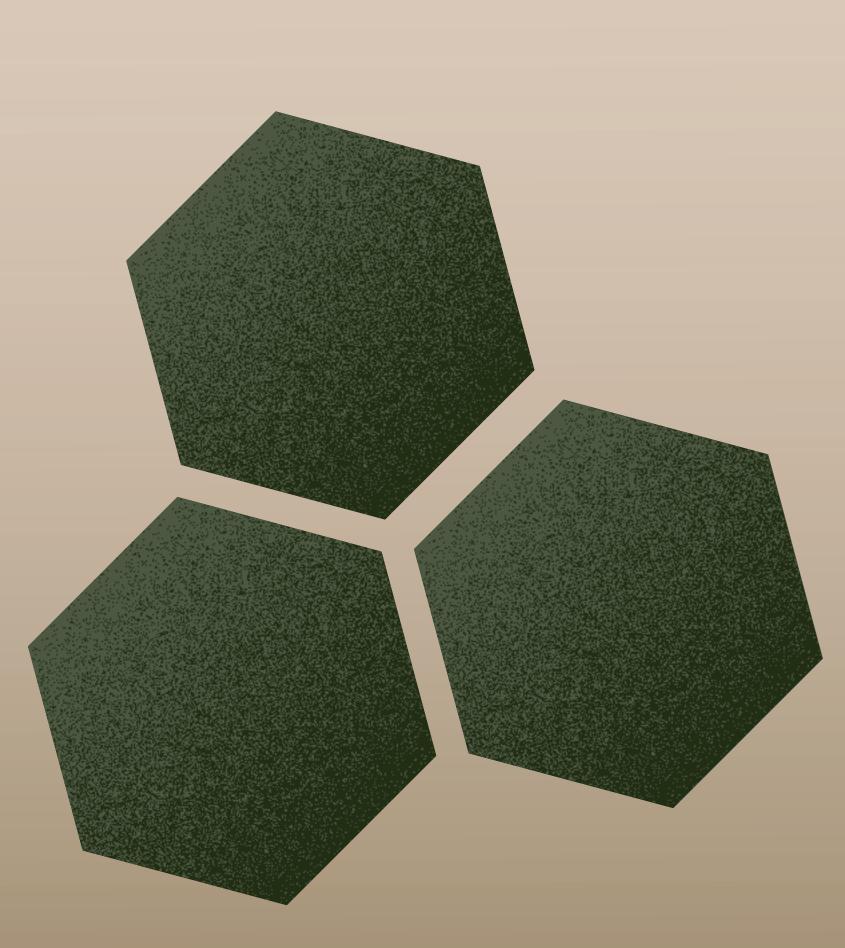
The Glue that Holds Everything Together

Ongoing Evaluation of Services

Effective Communication with Teams

Data Analysis and Outcomes Tracking





How History Tells Us to Approach Technology

We Must Challenge Our Own Status Quo Every Day

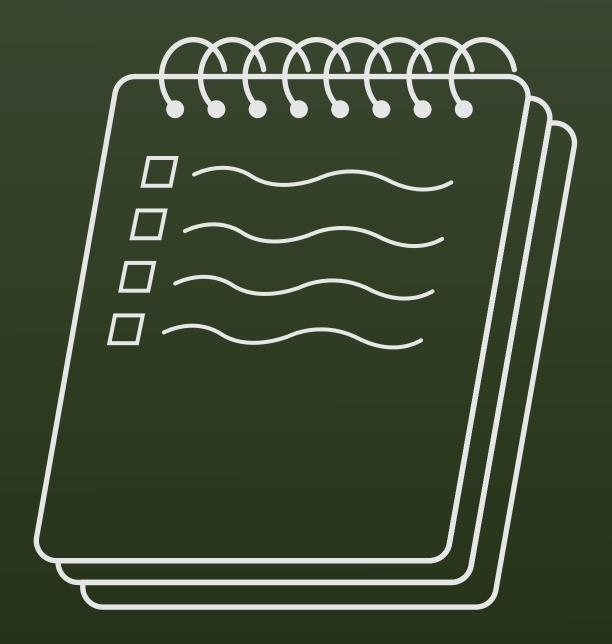
We Must Avoid Exclusion from **Benefits of Technology**

Dignity of Risk Should Be Revered





- Tips for finding individuals and situations appropriate for remote supports.
 - **O** Alone Time
 - Overnight Staff (Sleep or Awake)
 - **O** Independence Seekers
 - **O** Accepting Teams/Families
 - **O** Geographic Proximity



n Concusion

The Road May Be Difficult

We Have the Ability to Change Lives by Challenging Our Own Perception







- **Toll-Free Number** 877-559-1642
- Email Us! info@nossllc.com





The Minnesota Governor's Council on Devlopmental Disabilities. (n.d.). Parallels In Time | A History of Developmental Disabilities | Part One. Retrieved May 9, 2022, from https://mn.gov/mnddc/parallels/four/4c/3.html UW-Madison's Lou Brown, who revolutionized field of special education, dies. School of Education. (n.d.). Retrieved May 9, 2022, from https://education.wisc.edu/news/ uw-madisons-lou-brown-who-revolutionized-field-of-special-education-dies/ MNDDCouncil. (2014). Dr. Lou Brown: The unintended consequences of "pre". YouTube. MN DD Council. Retrieved May 9, 2022, from https://www.youtube.com/watch?v=Qe-DIKBhhF3A. Marian S. Collection (Library of Congress). (n.d.). Disability History: Early and Shifting Attitudes of Treatment (U.S. National Park Service). Library of Congress. Retrieved May 9, 2022, from https://www.loc.gov/resource/ppmsca.09418/#viewer-image-wrapper. Ontario Ministry of Community and Social Services. (2012b). From institutional to community living: A history of developmental services in Ontario. Retrieved from http:// www.mcss.gov.on.ca/en/dshistory/ Perske R. The dignity of risk and the mentally retarded. Ment Retard. 1972 Feb;10(1):24-7. PMID: 5059995.

Meet Bob - Robert Perske. (n.d.). robertperske.com. Retrieved May 5, 2022, from http://robertperske.com/about/.

