

## Starter Kit

- **15 laminated recipes** with step-by-step, easy-to-read, visual instructions for salads, dips, baking and crockpot cooking.
- Large **durable binder** for storing your recipes.
- Brightly colored **stainless-steel measuring cups and spoons** that coordinate with the color-coded recipe instructions.
- **Helpful kitchen tools:** a non-skid cutting mat, a dishwasher-safe food prep mat, a color-coded plastic measuring cup for liquids, and a safe kitchen cutter.

## Additional Recipe Packs

Expand your Starter Kit with additional recipe packs that are laminated and hole-punched so they can easily be added to your binder! Visit our website for available packs.

## Teacher Resources

Visit our website to find out about classroom resources for teachers, like our Activity Worksheet Packs, which extend learning beyond the cooking!

## Order Your Kit Today!

WEB: [www.TheColorCodedChef.com](http://www.TheColorCodedChef.com)

PHONE: 636-422-1515

EMAIL: [orders@TheColorCodedChef.com](mailto:orders@TheColorCodedChef.com)

*Terri Jordan, creator and owner*

Starter Kit



Combo 1  
Starter Kit & Recipe Pack 2



Combo 2  
Starter Kit & Oven Mitt



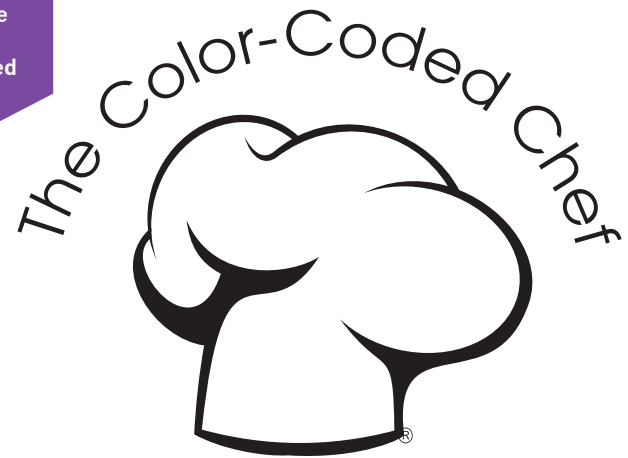
Combo 3  
Starter Kit, Recipe Pack 2 & Oven Mitt



\*Note: The two-handed oven mitt is available for separate purchase.



★ ★ ★ ★ ★  
Proud To Be  
A Small,  
Family-Owned  
Business



## COOKING KIT

[www.TheColorCodedChef.com](http://www.TheColorCodedChef.com)

Specially designed cooking kit that makes cooking accessible for all ages and abilities.

Help someone you know gain independence through cooking!



## My Son, Our Story

My son was born with a cleft lip and palate, and doctors were quick to diagnose him with failure to thrive. This was hard news to hear. A few weeks later he was diagnosed with low muscle tone, and doctors said he may never walk. We worked tirelessly with a team of therapists and family members, and several hundred therapy hours later my son took his first step at the age of 3. Around the time that I was hoping to hear my son say “Mama” or “Dada,” the doctors said he had speech apraxia — he could understand words but couldn’t speak. Specialists said if he wasn’t talking by age 5 that most likely he would never talk. Several thousand therapy hours later — at age 8 — my son started speaking. At age 9, I heard “I love you” for the first time. **We understand the importance of therapy!**



## The Idea Behind the Kit

Like all parents, I wanted my son to acquire basic life skills. So at age 16, we decided to try cooking. I quickly realized he did not understand things like “1/4 cup” or “2 tablespoons” — the measurements kept him from being able to follow traditional recipes. But he did understand color. This was *The Aha Moment* when the idea behind The Color-Coded Chef was born!

After many hours of trial and effort, the idea of this cooking kit became a hands-on reality. And it’s ultimate goal? To spend quality time together while teaching life skills that build self-esteem and independence. WOW!! What a wonderful way to foster pride and self-worth in a loved one as they accomplish an everyday task!

Over the last several years, we have come so far — *as a family and as a company*. And today, I am proud to say my son assembles The Color-Coded Chef kits for shipment!

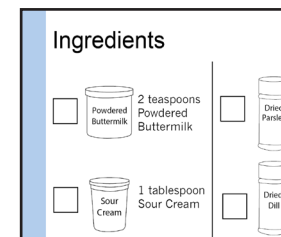
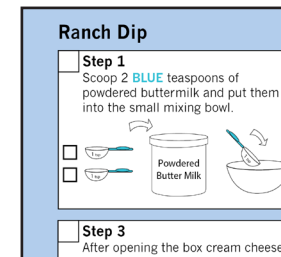


## How Does It Work?

The Color-Coded Chef Kit is a collection of recipes with detailed **step-by-step instructions** and simple **illustrations** that make the recipe easy to follow and understand. The Ingredients page can be used as a **grocery list** at the store, then used as a **checklist** when you begin to cook. The kit comes with a **dry-erase marker** so you can easily check off lists on the laminated cards. Wipe off and **reuse!**

Visit [www.TheColorCodedChef.com](http://www.TheColorCodedChef.com) for a **sample Chocolate Chip Cookie recipe!**

In addition to these user-friendly recipes and instructions, the kit includes **color-coded measuring cups** and **spoons** and a collection of safe, easy-to-use **common kitchen utensils** (see back page for full description).



## The Benefits of This Kit

The wonderful thing about The Color-Coded Chef Kit is that there are so many more benefits beyond just learning the practical life skill of cooking. With each recipe, you’re incorporating:

**Decision Making**  
**Sequencing**  
**Self-Discipline**

**Teamwork**  
**Directions**  
**Safety**

**Social Skills**  
**Health and Hygiene**  
**Patience**

## Therapy Opportunities

The more you practice, the better you become at: **Gross and Fine Motor Skills, Speech, Socialization, Teamwork and Behavior**. Plus, when you make your own food, you tend to try more types of food. You open yourself up to new possibilities and you elevate your quality of life!

