## Planning Guide

Dat	:e:	
Nar	ne	2:
Par	en	t/Guardian:
Ear	ly.	Assessment
	1)	What do you expect the person to be doing or to want to continue to do as s/he ages?
	2)	What are the current strategies and supports in place for successfully doing desired activities now?
:	3)	After hearing some of the possible changes with aging, dementia, or other common health changes; what are your concerns about the future?
Sup	рс	orts
4	4)	What do you anticipate may change in the future, and what are some resources in planning for those changes?

· ·	event shares a common interest in this topic. You are some of le! Introduce yourself to at least five people in the room and formation.			
Name	Email/Phone:			
	α ·			
Experiences of Others:				
https://www.ted.com/talks/alanna shaikh how i m preparing to get alzheimer s				
https://www.npr.org/template	es/story/story.php?storyId=1068189			
https://www.npr.org/series/389781574/inside-alzheimers				

5) How will you communicate to others what strategies and supports have worked in the

past (particularly if they would be beneficial in the future, too)?