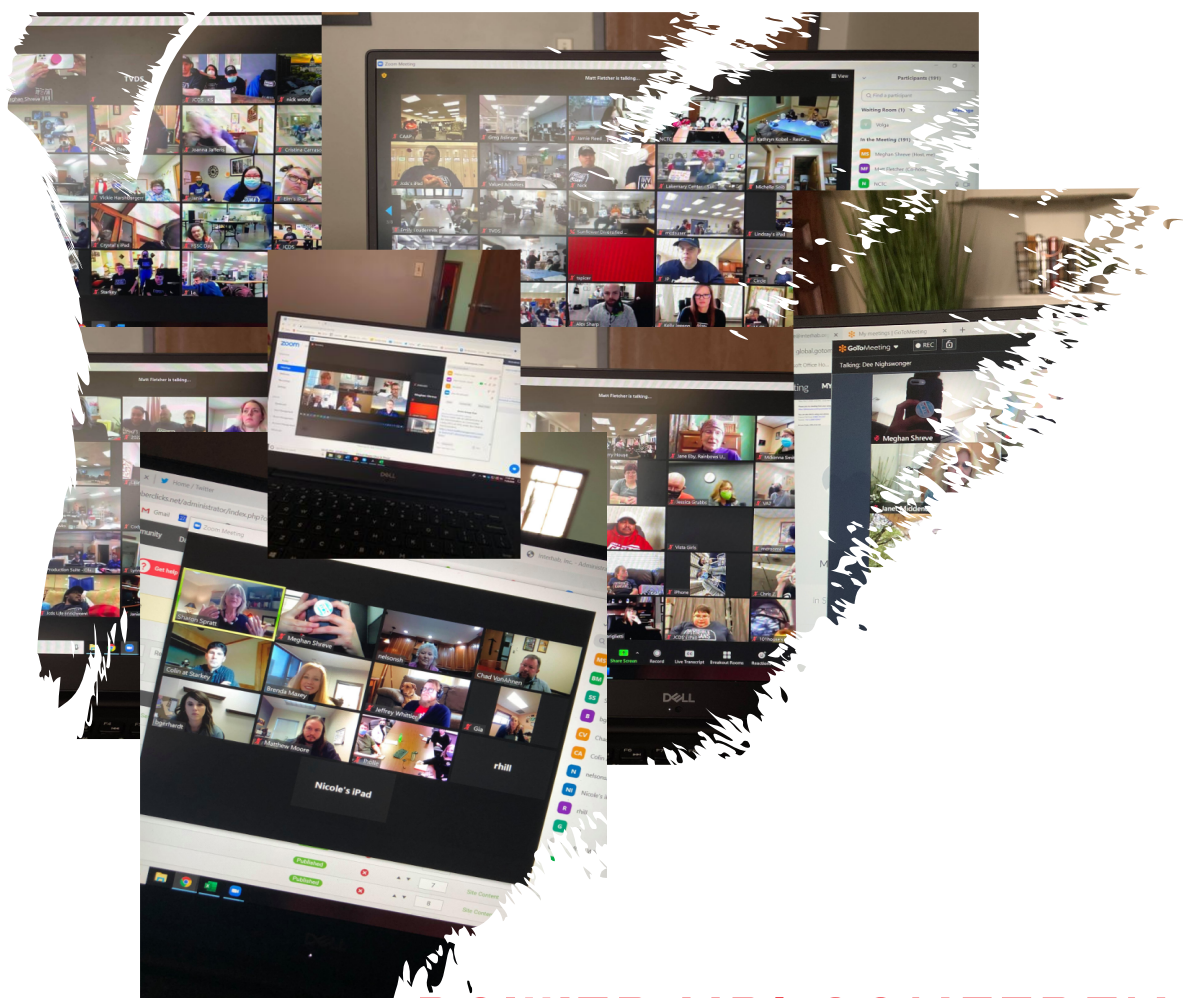


InterHab 2021

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**POWER UP! CONFERENCE
2021**

Oct. 13-15 - Wichita, KS

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POWER UP! INFORMATION

WELCOME!

The InterHab team is thrilled to have you join us for the InterHab Power Up! 2021 Conference in Wichita, KS.

This week is a time to learn, create, and cultivate creative solutions for people with intellectual and developmental disabilities (IDD) throughout our communities. We are excited to offer plenary sessions, breakout sessions, and networking opportunities that will provide the tools you need to motivate, nurture, and inspire each other in the coming weeks and months.

Together, we have a stake in building opportunities and advocacy throughout our field and across the state, ensuring the greatest impact for those who need us most. Thank you for joining us!

INFORMATION DESK

The registration and information desk is located outside the Grand Eagle Ballroom. It is the best place to find important information regarding schedules, breakout sessions, and general conference information. Look for InterHab staff and volunteers located throughout the venue to answer any additional questions you might have.

WIFI

WiFi is available on the main floor using the Network ID: Hyatt-Mr and the Password: Conrade2021. Thank you Conrade Insurance for sponsoring this year's WiFi!

CONFERENCE APP

The conference app will allow you to customize your schedule, view maps of the Hyatt Conference Center, review sponsors and speakers, and connect with other Power Up! attendees.

It's easy! Search for the free "InterHab" app in the Apple/Google Play stores, download and launch the app! You'll have access to everything you need to know, and more.

NAME BADGES

Your official Power Up! 2021 name badge is needed to gain entry to all conference events, please wear your badge every day. Your name badge will be available at the conference registration desk in front of the Grand Eagle Ballroom.

REGISTRATION FEES

Registration fees for each day include all sessions, meals, and special events scheduled for that day, excluding Power Up! executive or invite-only events.

CONTINUING EDUCATION

If you are interested in receiving Continuing Education Units (CEUs) for attending Power Up! 2021, please complete the following:

1. Retain this copy of the conference program. It contains the information for each general session and breakout information required by the Behavioral Sciences Regulatory Board (BSRB).
2. At the end of the conference (or the end of your attendance, if you leave before the end), request a Certificate of Attendance at the conference registration desk, located outside the Grand Eagle Ballroom.
3. Retain these documents until it is time to renew your license. Submit them along with other required documents to the BSRB.
4. For questions regarding Social Work CEUs, please contact the BSRB.

THANK YOU 2021 POWER UP COMMITTEE!

A special thanks to the 2019 Power Up! Committee: Ettie Brightwell, Heather Brown, Kathy Walter, Michelle Eastman, Teresa Galutia, and Tricia Campbell.

DAY 1 - WEDNESDAY, OCT. 13

SCHEDULE OVERVIEW

8:00 a.m. InterHab Strategic Planning - Session One
Riverview Ballroom
**Breakfast and lunch will be provided to those in attendance*

11:00 a.m. General Registration Begins
Grand Eagle Ballroom Lobby

12:00 p.m. Exhibitor Showcase (*Lunch on your own*)
Grand Eagle Ballroom and Lobby

1:00 p.m. Opening Session - Keynote Speaker
Grand Eagle Ballroom

If you could see what I see

Brian Wagner, A Radical Vision

At the age of 43, Brian Wagner went blind for six months. While only a portion of his sight has returned, his vision is better than ever. Discover what he sees that you don't.

2:00 p.m. Snack Break
Grand Eagle Ballroom Lobby

2:00 p.m. Exhibitor Showcase - **\$100 Cash Drawing at 2:45 p.m.! Must be present to win.**
Grand Eagle Ballroom and Lobby

3:00 p.m. Breakout Sessions
Birch, Cedar, Maple, Walnut, Cypress B

4:30 p.m. Breakout Sessions
Birch, Cedar, Maple, Walnut, Cypress B

6:00 p.m. President's Reception - *Invitation-only event*
Riverview Ballroom

6:00 p.m. Happy Hour
AVI Seabar & Chophouse
125 N Waco Ave, Wichita, KS 67202 (within walking distance)
**One free drink ticket is included in this booklet to use from 6 to 7:15 p.m.*
**Dinner is on your own*

DAY 1 - BREAKOUT SESSIONS

3:00 p.m. - 4:15 p.m. Wednesday, Oct. 13

Volunteer Recruitment, Engagement, and Appreciation

Debra Tucker, American Red Cross

Room: Birch

Make the most of your volunteers! This session will help you with:

- 1. Needs Assessment** - "Who do you need - what skill set are you looking for?"
- 2. Recruiting** - "Where do you find these volunteers and how do you attract them?"
- 3. Training** - "What will you need to teach them and how will that be accomplished?"
- 4. Engaging** - "How will your volunteers contribute to the mission and stay interested?"
- 5. Appreciating** - "How will you and your organization be able to thank them?"

ABLE Accounts and Special Needs Trusts: What You Need to Know

Nicole Gallinger, Arcare

Laura Pederzani, Arcare

Room: Cedar

There is a great need for broad education about all the different options for setting aside assets for persons with disabilities to ensure quality of life. In this session, you will take a deep dive into ABLE Accounts and Special Needs Trusts, learn the differences and options for your clients, and when to use them.

When Everyone Leads – Start with You, Engage Others

Julia Fabris McBride, Kansas Leadership Center

Room: Maple

The way we normally think about leadership is wrong. Leadership is not about position, or authority. It's not about big speeches or grand visions. Leadership is engaging others to solve daunting challenges. We all see challenges – in our communities, our families, our work. We think that they are unsolvable. Or we think it's someone else's job to step in and do something. But that's not true. Each of us has the opportunity to lead. Because, leadership is an activity. Leadership is small actions taken in moments of opportunity. As you start to look around, you can begin to see more of those moments and seize the opportunity in those moments. Most importantly, you can help others see those opportunities too. That's why everyone can lead and the real power to solve our most important challenges is when everyone leads.

How to Develop your Talent through Mentorship

Tec Chapman, Easterseals Midwest

Adam Christensen, Easterseals Midwest

Room: Walnut

Attendees will learn successful strategies to identify, develop, mentor, and elevate your employees which leads to increased retention, demonstrated career paths within your organization, and supports recruitment of new employees.

Meet & Greet with Dan Decker - Director, Kansas Rehabilitation Services

Dan Decker, Kansas Rehabilitation Services

Room: Cypress B

Join Dan Decker – Director, Kansas Rehabilitation Services for a Meet & Greet. Dan will talk about his role at Kansas Rehabilitation Services, and answer questions from conference attendees.

DAY 1 - BREAKOUT SESSIONS

4:30 p.m. - 5:45 p.m. Wednesday, Oct. 13

Improving Social Determinants Through Community Collaboration

Shanti Ramcharan, Aetna
Shereen Ellis, Aetna
Room: Birch

Join us for a conversation about creating and improving collaboration between Managed Care Organizations (MCOs) and community partners to address social determinants of health across the state. Learn how economic stability, education access, housing, and other social and community factors affect Kansans' health and quality-of-life. Hear about Aetna's work toward improving the lives of our members and helping Kansans work together to build a healthier state by linking resources and creating community partnerships.

The Delta Variant: The Continued COVID Implications in Your Workplace

Morgan Geffre, Foulston
Room: Cypress B

With the Delta Variant changing the COVID-19 landscape, tune in to ensure you are up to date on the latest COVID-19 considerations. Join us to discuss the ongoing and everchanging impacts of COVID-19 in your workplace including masks, vaccine mandates, OSHA concerns, leave of absence issues, and the special considerations for intellectual and developmental disability organizations.

Introduction to Democratized Remote Supports

Dustin Wright, Co-founder NextGenAT
Room: Cedar

This session will give attendees an overview of how remote supports have evolved over the last 20 years and introduce a new form of remote supports where any provider can become a remote support provider.

Support for End of Life Care

Heather Brown, Johnson County Developmental Supports
Room: Maple

End of Life care can be difficult and intimidating for several reasons, including inexperience and personal values and beliefs. This session will provide information on how to care for individuals during end of life, general hospice and palliative care information, as well as how to support DSPs.

Making Work & Compliance Easier

Lisa Sisneros Brow, iTherapyDocs
Anthony Crofoot, Glennis Solutions
Room: Walnut

During this breakout session, we discuss how compliance starts at the level of documenting all services provided. By utilizing easy to use technology, agencies can improve compliance, service delivery, medication delivery, and tracking implementation of individual service plans for the individuals they serve.



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DAY 2 - THURSDAY, OCT. 14

SCHEDULE OVERVIEW

- 8:00 a.m. Conference Registration, Continental Breakfast
Grand Eagle Ballroom Lobby
- 8:00 a.m. Exhibitor Showcase
Grand Eagle Ballroom and Lobby
- 8:45 a.m. Legislative Panel of Champions
Featuring Kansas Legislators
Grand Eagle Ballroom
- 10:30 a.m. Breakout Sessions
Birch, Cedar, Maple, Walnut, Cypress B
- 12:00 p.m. Lunch and Exhibitor Showcase - **\$100 Cash & Prize Giveaway! Must be present to win.**
Grand Eagle Ballroom and Lobby
- 1:15 p.m. Breakout Sessions
Birch, Cedar, Maple, Walnut, Cypress B
- 2:30 p.m. Snack Break
Second Floor Conference Center Common Area
- 2:45 p.m. Breakout Sessions
Birch, Cedar, Maple, Walnut, Cypress B
- 4:15 p.m. Breakout Sessions
Birch, Cedar, Maple, Walnut, Cypress B
- 5:30 p.m. Happy Hour (featuring complimentary beer, wine, and appetizers)
Grand Eagle Ballroom
- 6:30 p.m. Dinner & Entertainment Night
Grand Eagle Ballroom

InterHab Dinner & Entertainment Night

Join conference attendees for a night of fun! This year, we will stay at the Hyatt and enjoy food stations, caricatures, mixology, balloon art, candy tastings, and speed painting while we catch up with those we haven't seen in almost two years. We hope to see you all there!

DAY 2 - BREAKOUT SESSIONS

10:30 a.m. - 11:45 a.m. Thursday, Oct. 14

All Babies Deserve Healthy Brains

Dr. Wes Jones, Flint Hills Counseling & Consulting Center
Room: Birch

Participants will gain an understanding and increase their knowledge of the history and science of Fetal Alcohol Syndrome and Fetal Alcohol Spectrum Disorders. They will be informed of the prevalence, diagnostic criteria for FAS and the impact FAS/FASD's have on society today. Interventions will be shared for working with the children who have been impacted by prenatal alcohol exposure.

Workforce 303: Enhancing the Capacity of Your Workforce on a Budget

Dr. Mike Strouse, GoodLife Innovations
Room: Cedar

Workforce 303 will provide high impact strategies for schedule management, paying a living wage, benefits and paid time off (PTO), Replacement staff, vacancy management, and how to continue paying higher level wages once enhanced funding is gone.

My Person Served has Fallen... How Do I Safely Help? Safe Assistive Methods for All Levels of Care

Brenda Rice, IMA
Delaney Mirocke, IMA
Room: Maple

Does your staff provide assistance to the person served with walking, standing, and sitting? Do we have a safe patient handling policy in place? Are we required to have such a policy? Can we change the method of care or only a doctor?

Learn about methods to provide safe basic assistance utilizing proper medical equipment versus consumers arms, belts, etc. What option(s) fit my budget (1-person assist, 2-person assist, mechanical lift or new technology). Brenda Rice IMA Risk Control Advisor and Delaney Mirocke, Risk Control Specialist will provide you with the basic guidance to provide safe assistance to our persons served in a variety of scenarios while focusing on policy requirements, training procedures, and care plan assessment.

COVID: Lessons Learned and Ongoing Challenges from the Provider Perspective

Shelly May, Johnson County Developmental Supports
Kara Walters, Cottonwood, Inc.
Jon Prescott, Sunflower Diversified
Room: Walnut

Panel presentation of agency leadership from three organizations in Kansas. Please join in the discussion with Kara Walters from Cottonwood, Inc. in Lawrence, Jon Prescott from Sunflower Diversified in Great Bend, and Shelly May from Johnson County Developmental Supports in Lenexa, about lessons learned, agency changes, innovations that occurred during the pandemic, and the ongoing challenges through variants. Interactive discussion with audience sharing encouraged.

Nuts & Bolts of the ABLE Savings Program

Lynn Rogers, Kansas State Treasurer
Lauren Tice Miller, Assistant State Treasurer
John Hedges, Staff Attorney
Room: Cypress B

Kansas ABLE savings accounts build self-reliance, encourage education and employment, and improve the overall quality of life of individuals living with disabilities. But, how do they work? Who is eligible? Who can manage them? What are the frequently asked questions about them? Join State Treasurer Lynn Rogers as he discusses the nuts and bolts of these programs and then opens it up to a round table conversation about experiences with the accounts.

DAY 2 - BREAKOUT SESSIONS

1:15 p.m. - 2:30 p.m. Thursday, Oct. 14

The 5 Essential Characteristics of Home and Community Based-Services and the Settings Final Rule

Michele Heydon, KDADS

Brutus Segun, KDADS

Room: Birch

Join Kansas Department for Aging and Disabilities Services (KDADS) home and community-based services (HCBS) staff as they give an overview of the 5 essential characteristics that should be in practice to all participants of HCBS, regardless of their waiver or program. A brief update on the Settings Final Rule Project will also be given. Bring your questions to receive answers on HCBS and the Settings Final Rule.

Changing Lives Through Training & Collaboration

Amber Schreiber, The Golden Scoop LLC

Karen Hughey, Nucleus Training Solutions

Rob Hughey, Nucleus Training Solutions

Room: Cedar

Changing lives is at the center of The Golden Scoop mission. The story of The Golden Scoop is surrounded by the importance of creating opportunities for the differently-abled, providing exceptional training to make sure the employees are set up for success, and collaboration with others who serve individuals with disabilities.

Describing Direct Support

Dan Hermreck, NADSP

Room: Maple

What is direct support? What skills are needed to do this work? What job title should be used for staff who provide direct support? How do we describe this work? How do we evaluate performance? This session will explore the nature of direct support work, the impact of language on professional identity, and how provider organizations can create quality at the point of interaction.

Navigating the COVID-19 Health Crisis: A Collaborative Design

Dr. Shalaunda K. Gray, MD, Lakemary

Ven Rao, MSHRM, SPHR, SHRM-SCP, LSSBB, Lakemary

Teddi Hernandez, Lakemary

Sara Owen, APRN, FNP-C, Lakemary

Megen Male, APRN, FNP-C, Lakemary

Room: Walnut

In response to the COVID-19 Pandemic, many congregate settings worked hard to create infection protocols for their facilities. Lakemary Center created an interdisciplinary design to detect and prevent COVID infections in our facility. This design resulted in the creation of a COVID

helpline, a COVID testing center with online scheduling, and to date, an 87.2% vaccination rate among our employees. We are excited to share our design strategies with the InterHab community.

The Leader's Role in Implementing Significant Change: Achieving a Cultural Shift: Part 1

Thomas Pomeranz, Universal Lifestyles, LLC

Room: Cypress B

This session provides participants with an array of strategies and tools to effectively facilitate and implement culture shifts and innovations. Tom reveals why people commonly resist change. He discusses strategies that can be used to support others (employees and other stakeholders) in overcoming their resistance.

Tom explains that personal power is the power that others give us when they perceive us as a competent, caring and sensitive person. The leader recognizes that personal power is created when the focus of the leader's efforts are in relationship building versus task completion. Tom describes how personal power is utilized by the leader to promote the willingness of others to make the needed changes in their behavior.

Through the relationships that the leader cultivates with his/her followers, a bond is formed that nurtures trust. This session emphasizes that without trust one cannot lead and thus is impaired in shifting the culture of the organization and establishing innovative change.

DAY 2 - BREAKOUT SESSIONS

2:45 p.m. - 4:00 p.m. Thursday, Oct. 14

COVID-19, Vaccinations, Employment, and President Biden's Directive

Gregory Meihn, Foley and Mansfield
Room: Birch

This is seminar on the present state of the law regarding COVID-19, vaccinations, and employment practices.

Marketing that Creates a Loyal Following

Christina Long, CML Collective
Room: Cedar

Cultivate a loyal audience through content that creates community. In this interactive session, Christina Long of CML Collective will guide participants through a series of strategies to uncover messaging and branding tactics that can lead to increased engagement.

Positive Behavior Supports

Heather Brown, Johnson County Developmental Supports
Jill Haack, Johnson County Developmental Supports
Room: Maple

Positive Behavior Supports training will overview the purpose of PBS, identify research-based strategies to effectively increase the quality of life of the individual served while decreasing problematic behaviors by utilizing strengths-based interventions.

Carepool Software Testing Session with Josh Massey and Todd Lekan: CEO and CTO of Carepool

Josh Massey, Carepool
Todd Lekan, Carepool
Room: Walnut

We are asking for participant involvement to try out the Carepool App on different phones as a driver or rider and show the app's functionality in real-time. Test with us live and help us find the little issues that can be different for everyone! We are constantly improving the application and looking for feedback.

The Leader's Role in Implementing Significant Change: Achieving a Cultural Shift: Part 2

Thomas Pomeranz, Universal Lifestyles, LLC
Room: Cypress B

This session provides participants with an array of strategies and tools to effectively facilitate and implement culture shifts and innovations. Tom reveals why people commonly resist change. He discusses strategies that can be used to support others (employees and other stakeholders) in overcoming their resistance.

Tom explains that personal power is the power that others give us when they perceive us as a competent, caring and sensitive person. The leader recognizes that personal power is created when the focus of the leader's efforts are in relationship building versus task completion. Tom describes how personal power is utilized by the leader to promote the willingness of others to make the needed changes in their behavior.

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DAY 2 - BREAKOUT SESSIONS

4:15 p.m. - 5:30 p.m. Thursday, Oct. 14

Funeral Expense Insurance - What is it?

Brenda Hager, Special Considerations

Room: Birch

Special Considerations developed a unique Funeral Expense Insurance Program specifically for individuals with special needs. It is fully compliant with Medicaid and SSI.

What we will cover:

- What are the options to fund funeral expenses?
- What is Funeral Expense Insurance?
- Who can enroll an individual?
- Can it be used in a spend-down situation?
- Can groups have plans for their consumers?

What Your Inner Critic Doesn't Want You to Know

Brenda Dietzman, Wayfinder Consulting

Room: Cedar

There is an inner critic in our heads and most don't know why it is there or how to get rid of it. Both men and women can have this voice, but research shows it is much louder for women than men. It's a voice that tells us we aren't good enough and creates self-doubt at every turn. It tells us to hold back, not to speak up, and not to stand out. It tells us we must be perfect and that we must 'do it all' both at work and at home. We'll learn how this voice is formed and be given specific tools to overcome its damaging effects. Your inner critic will be turned into your inner mentor. Join this evidence-based and insightful presentation on how to overcome the inner critic and develop yourself and the women around you into strong leaders.

Interoperability 101: What You Need to Know in Kansas

Jeff Clair, MediSked

Room: Maple

Despite being a buzz word that is frequently cited when referring to technology and data exchange, interoperability remains a deeply complex topic that is not always widely understood. While originally developed for the healthcare space, interoperability is vital for the home and community-based services (HCBS) and long-term services and supports (LTSS) landscape to promote person-centeredness, increase transparency into coordination of care, and improve overall quality and outcomes. During this session, the presenters will:

- Define interoperability and its many benefits
- Answer the question, "what does interoperability mean for me?"
- Provide use cases to demonstrate interoperability in LTSS and specifically in Kansas

- Highlight the relevant federal policies
- Explore security considerations

Managed Care Organization Panel

Aetna, Sunflower Health Plan, United Healthcare

Room: Walnut

Join the KanCare MCOs for a panel discussion and Q&A session.

The Leader's Role in Implementing Significant Change: Achieving a Cultural Shift: Part 3

Thomas Pomeranz, Universal Lifestyles, LLC

Room: Cypress B

This session provides participants with an array of strategies and tools to effectively facilitate and implement culture shifts and innovations. Tom reveals why people commonly resist change. He discusses strategies that can be used to support others (employees and other stakeholders) in overcoming their resistance.

Tom explains that personal power is the power that others give us when they perceive us as a competent, caring and sensitive person. The leader recognizes that personal power is created when the focus of the leader's efforts are in relationship building versus task completion. Tom describes how personal power is utilized by the leader to promote the willingness of others to make the needed changes in their behavior.

Through the relationships that the leader cultivates with his/her followers, a bond is formed that nurtures trust. This session emphasizes that without trust one cannot lead and thus is impaired in shifting the culture of the organization and establishing innovative change.



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DAY 3 - FRIDAY, OCT. 15

SCHEDULE OVERVIEW

- 8:00 a.m. InterHab Strategic Planning - Session Two
Riverview Ballroom
- 8:00 a.m. Breakfast
Riverview Ballroom Lobby
- 9:00 a.m. Art & Awards Registration
Grand Eagle Ballroom Lobby
- 11:00 a.m. InterHab's Annual Art and Awards Ceremony
Grand Eagle Ballroom
- 12:30 p.m. Conference concludes
See you in Wichita for Power Up! 2022
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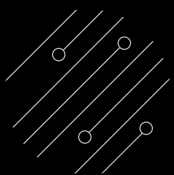
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Interoperability 101:
What You Need to Know in Kansas

Thursday, Oct. 14 | 4:15-5:30 p.m.

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Welcome Attendees!

Sandata welcomes you to the 2021 Power Up! InterHab Conference. Visit our exhibit booth to learn how you can get more right from the start with Sandata.

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The countdown to 2022 SUI savings begins!

State Unemployment Insurance (SUI)

The COVID-19 pandemic has resulted in the filing of more than 80 million unemployment claims across the country. As employers begin to re-open or shift operations to safely accomplish their missions, nonprofits should evaluate the impact of these claims to their 2022 budget and beyond.

Contact InterHab's endorsed SUI program provider, First Nonprofit, today for a free savings evaluation!



Marshall Whittey
mwhittey@firsnonprofit.com
(312) 728-9976

Funeral Expense Insurance

What is it?

- Who qualifies?
- How much does it cost?
- What is the enrollment process?
- Can it be used for spend-downs?



Join our round table discussion 10/14 at 4:15pm

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953-CST33752 8/21

**Please keep yourself and
others safe, and help prevent the
spread of COVID-19!**

Wear a mask

**Remain 6 feet apart when
possible**

**Wash and sanitize your hands
frequently**

Thank you!



Heartland Homecare

A Long-term Care Pharmacy

EHR & EMAR interfaces available

Adherence packaging of unit dose bubble card, multidose Medicine on Time, multidose Dispill

Paperless medpass systems

Therap	BCI EMARS
SSLTC	QuickMAR
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Longterm care software package SSLTC allowing electronic input of new orders, reorders, data & reports, physician order sheets on demand, view pill images, charting access, and internal tracking for the agency, full electronic med pass

Heartland accepts state Medicaid plans and most Medicare D plans

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Deliveries of all maintenance medications 3-5 days in advance of your client/agency cycle due date free of charge

Monthly color coded MAR (Medication Administration Reports), and physician order sheets with cycles for agencies & dayservice providers

Pill images, client photo, and total of pills in med pass cup are printed on medication bubble cards (allowing check for the right person and right medication)

Optional automatic reorder of specific non bubblepack maintenancemedications such as insulin

Dayservice or school/work packaging available

Heartland strives to provide the best service possible for long term care clients serving Intermediate Care Facilities, I/DD LTC@HOME, Assisted Living, Independent Living, Brain Injury Waiver Clients, Mental Health, Respite, Nursing Homes, and hospice across Kansas and Missouri. Our Lawrence and Wichita stores serve Kansas, and our Platte Woods location serves Missouri.

Please visit www.heartlandrx.net to view examples of Medicine On Time® multi-dose cards packaged by time of day. Each bubble is sealed, labeled with person's name/date/time to be taken/medication name and strength on each individual bubble, and how many pills are in the dosing cup. Also, each bubble is perforated to allow ease of travel, returns for medication changes, dayservice programs, and administration.



All cards are color coded with frames to designate time of day med pass promoting independence for the client, and corresponding to color coded MARS (Medication Administration Reports) for staff, free of charge.

Contact

Heartland Homecare Services

888-331-0807 • www.heartlandrx.net

bhheartland@aol.com or ssheartland@aol.com

For Inquiries

