



**Introduction to OneCare Kansas (OCK)  
Interhab Virtual Conference - September 2021**

## What is OneCare Kansas

- OneCare Kansas (OCK) is a Health Homes (HH) program for certain KanCare members
- What is a “Health Home”?
  - An expansion of the “patient centered medical home” model to include links to community and social supports for eligible Medicaid Members
  - It is NOT a place, but a way to provide coordination of physical and behavioral health care with long term supports and services for people with certain chronic conditions
  - Focus is on the whole person and their needs to help that person be as healthy as possible

## What is OneCare Kansas (cont.)

- OCK members are eligible to receive six core services:
  - Comprehensive Care Management
  - Care Coordination
  - Health Promotion
  - Comprehensive Transitional Care
  - Individual & Family Supports
  - Referral to Community & Social Support Services
- These services are in addition to regular Medicaid services, except TCM

## Exception for TCM

- The Centers for Medicare and Medicaid Services (CMS) considers OCK and TCM to be duplicative
- Members must choose which service to receive if eligible for both
- May utilize OCK while on IDD Waiver waitlist and then transition to TCM when a waiver opening is available

## Comprehensive Care Management

- Health Action Plan (HAP) is created and updated quarterly
- Health based needs assessment of physical health, behavioral health and social needs
- HAP progress is reviewed with the OCK member

## Care Coordination

- Implementation of the HAP
- Communication and obtaining member records from providers
- Medical scheduling assistance
- Arranging transportation to appointments
- Going to appointments with members
- Referral to medical, mental health, SUD providers
- Updating contact information with the State



## Health Promotion

- Health education regarding chronic conditions
- Self-management plan development
- Depression screening
- Medication review and education
- Promotion of lifestyle interventions such as, substance use prevention, smoking prevention and cessation, nutritional counseling, physical activity counseling and planning
- Taking into account health literacy and motivation to change

## Comprehensive Transitional Care

- Facilitate member transition from hospitals, EDs, rehab facilities, LTSS providers
- Assist with member plan of care development and review
- Medication review and reconciliation
- Home visits
- Scheduling follow up appointments



## Individual and Family Supports

- Identify supports needed for members, family, support persons or guardians to manage member's conditions
- Health literacy
- Scheduling support
- Advocacy for members and/or caregivers
- Medication adherence support
- Addressing social determinants of health

## Referral to Community and Social Supports

- Disability benefits
- Alcoholics/Narcotics Anonymous
- Housing
- Legal Services
- Educational/vocational training
- Faith based organizations
- Other natural supports

## Eligibility for OneCare Kansas

### **Must be eligible for Medicaid, and have either:**

- A behavioral health condition (to be further defined); or
- A chronic physical health condition (also to be further defined)
- Chronic condition examples- mental health conditions, substance use disorder, asthma, diabetes, heart disease, being overweight

## Implementation

- Legislative Proviso mandates:
  - Provided that participation in such program shall be:
    - On an opt-in basis and not on the basis of automatic enrollment
    - Open to youth and adults
    - Structured to ensure that individuals with a behavioral health diagnosis or chronic physical health condition are served
  - Further, the agency shall not:
    - Allow any managed care organization providing the above services to claim an administrative claiming rate higher than 10%

## Kansas Goals

- Kansas has set four goals for OCK:
  - Reduce utilization associated with avoidable (preventable) inpatient stays
  - Improve management of chronic conditions
  - Improve care coordination
  - Improve transitions of care between primary care providers and inpatient facilities

## Building Networks

- Interested providers will submit an application – 2 step process to gain State approval, and then MCO contracts
- MCOs will be initiating discussions with interested providers
- Previous Health Home Partners (HHPs) have expressed overwhelming desire to participate again



## Working With OneCare Kansas

- Hospitals:
  - Refer individuals who are likely to meet the minimum eligibility requirements to OneCare KS
  - Communicate with OneCare KS regarding ER and admission discharges
  - Some OneCare KS partners may want to enter into MOUs with hospitals to ensure cooperation and provision of services

## Working With OneCare Kansas (cont.)

- All Other Providers:
  - Assist in the development and implementation of Health Action Plans
  - Involved in discharging individuals into OneCare KS
  - Participate in coordination and communication activities
  - Provide OneCare KS materials and information to prospective OneCare KS consumers

## OneCare Kansas Payment

- Each **MCO** will be paid a **retrospective** per member per month (PMPM) payment for each member enrolled in OCK, once a service is delivered.
- One PMPM payment, regardless of number of services provided in a month.
- If no OCK services are provided in a month, no payment is made to the MCO.
- OCK payments **do not** replace existing KanCare payments to providers.
- KanCare payments to MCOs are offset if the MCO is receiving an OCK payment for the member.

## OneCare Kansas Payment (cont.)

- **MCO** will contract with **OCK Partners** to provide all of the six core services.
- PMPM Payment from **MCO** to **OCK Partner**

## Rate Development Process

- State is no longer using “level” approach – one payment rate across the population
- One-time “Bonus” Health Action Plan payment

## Transformative Process

- Changing how the system deals with patients – whole person
- Encouragement of local collaborations
- Bundled payment for a set of services that encourage and improve health
- Active engagement of patient in self-management of conditions



## OneCare Kansas Improving Health

### OCK ensures:

- Critical information is shared among providers and with consumer
- Consumer has tools needed to help manage his chronic condition
- Necessary screenings and tests occur timely
- Unnecessary emergency room visits and hospital stays are avoided
- Community and social supports are in place to help maintain health

## Where Are We?

- 4-1-21, expansion of target population
- Continued Learning Collaborations
- Continued Community of Practice
- Ongoing training and stakeholder engagement

## For More Information

- Web page: [www.kancare.ks.gov](http://www.kancare.ks.gov)
- Monthly Newsletter: OneCare Kansas Newsletter
- E-mail questions/comments: [OneCareKansas@ks.gov](mailto:OneCareKansas@ks.gov)
  
- MCO contact information:
  - Aetna: [ABHKSOneCare@AETNA.com](mailto:ABHKSOneCare@AETNA.com) or [jordank3@aetna.com](mailto:jordank3@aetna.com)
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